March 2020

Hello parents!

We have been building up to this month’s class all year. We have learning how to create a sense of belonging in our school environment. Our students have looked at positive and negative behaviors that can build up or tear down a positive community. In creative ways, through acting, art, problem solving, stories, and game playing, we have practiced many skills to build self-confidence and a positive community at school. Positive and supportive relationships with classmates, showing kindness and empathy, and using effective collaboration and cooperation skills are important life lessons. We want our students to feel empowered to handle their emotions and tough situations.

On the back of this paper is a home challenge for you and your kiddo to do. There is no need to return this worksheet. This exercise is provided to be a conversation starter at home, and a follow up practice to our lesson.

Thank you for partnering with me to best serve our great students.

Sincerely,

Cindi Samorajczyk-Lyon

School Counselor

Soaring Heights PK-8